



# Menu

Our food is locally sourced and freshly made to order.

## Drinks

	Small	Large
Pot Tea- breakfast, earl grey, mint		£2.20
<b>Coffee -</b>		
Americano,	£2.20	£2.60
Latte,	£2.45	£2.90
flat white,	£2.30	£2.80
Cappuccino	£2.45	£2.90
Mocha		£3.00
Hot Chocolate		£2.80
Range of cold drinks in the fridge		£1.50

## Sandwiches/Salads

### Pick your Filling:

Ham            Cheese  
Chicken       Egg Mayo     Tuna

### Pick your Sauce:

Mustard, Mayo, Sweet Chilli, BBQ, Pickle, Car Onion, ketchup, brown

### Final Choice:

Crusty White, Crusty Brown or as a Salad

Sandwich to eat in, Salad garnish & crisps       £6.50

Sandwich to take out                                        £5.50

## Cakes

We offer a selection of cakes, traybakes and cheesecakes from £2.00-£3.00

Tarka Tea - Scone of your choice and pot of tea (fruit/plain with Jam & Cream; cheese with cream cheese and chutney)                                        £5.00

Torridge Tea - Half a sandwich and a scone (as above) with a pot of tea £7.50

## Soup

Soup in a cup    £2.50

Soup & crusty warm roll                                        £4.00

Soup & cheese scone    £5.00

Soup & half sarnie    £6.00

### Local Suppliers:

Meat, Cheese & Eggs - Hiron & Son's Artisan Butchers, Mill St

Milk & Cream - The Milk Cart Ltd, Torrington

Bread - Country Cottage Bakery, Mill St & The Quay

Fruit & Salad - Kellands Fruit & Veg - Mill St

Pasties/Sausage Rolls - Deanies, Allhalland St