



Menu

Our food is locally sourced and freshly
made to order.

Drinks

	Small	Large
Pot Tea- breakfast, earl grey, mint		£2.20
<u>Coffee -</u>		
Americano,	£1.95	£2.40
Latte,	£2.25	£2.70
flat white,	£2.10	£2.60
Cappuccino	£2.25	£2.70
Mocha		£2.80
Hot Chocolate		£2.60
Range of cold drinks in the fridge		£1.50

Sandwiches/Salads

Pick your Filling:

Ham Cheese
Chicken Egg Mayo Tuna

Pick your Sauce:

Mustard, Mayo, Sweet Chilli, BBQ, Pickle, Car Onion, ketchup, brown

Final Choice:

Crusty White, Crusty Brown, a Wrap or as a Salad
Sandwich to eat in, Salad garnish & crisps £6.50
Sandwich to take out £5.50

Cakes

We offer a selection of cakes, traybakes and cheesecakes

Tarka Tea – Scone of your choice and pot of tea (fruit/plain with Jam & Cream;
cheese with cream cheese and chutney) £4.00

Torridge Tea – Half a sandwich and a scone (as above) with a pot of tea £7.00

Soup

Soup in a cup	£2
Soup & crusty warm roll	£3.50
Soup & cheese scone	£4.50
Soup & half sarnie	£6

Local Suppliers:

Meat, Cheese & Eggs – Hiron & Son's Artisan Butchers, Mill St

Milk & Cream – The Milk Cart Ltd, Torrington

Bread – Country Cottage Bakery, Mill St & The Quay

Fruit & Salad – Kellands Fruit & Veg – Mill St

Pasties/Sausage Rolls – Beanies, Allhalland St